

eliminating racism  
empowering women

**ywca**

**Hanover**

**Promoting peace, justice,  
freedom and dignity for all.**

In partnership with UTZ Women's Mentoring Group

**Jan.  
2020**

Saturday  
Mornings



W W W . Y W C A H A N O V E R . O R G

# For girls in grades 2-8 Girls grades 9-12 join as youth mentors

WEEKLY THEMES ENCOURAGE SELF-RESPECT, SELF- WORTH, & HEALTHY SELF-ESTEEM

- LOVE YOUR BODY - be healthy & live healthy
- LOVE YOUR SOUL - know your value, value yourself, & others
- LOVE OTHERS - help, volunteer, & encourage
- LOVE TO LEARN & GROW - challenge yourself & push your limits
- LOVE LIFE - celebrate, have fun, & be positive

**GIRLS LOVING LIFE IS PROVIDED FOR THROUGH GRANTS FROM THE ALLSTATE FOUNDATION**

Program Date: 01/25/2020 - 03/14/2020

Program Time: Session A 9:00 AM – 10:30 AM

Session B 11:00 AM – 12:30 PM

Program Location: YWCA Hanover – 23 West Chestnut Street, Hanover, PA 17331

Registration: [www.ywcahanover.org](http://www.ywcahanover.org)

Registration is required. Limited spots available. – PLEASE CHOOSE ONE SESSION

23 WEST CHESTNUT ST  
HANOVER, PA 17331

PHONE :  
717.637.2125

**Winter Session Begins  
Januray 25, 2020**

